



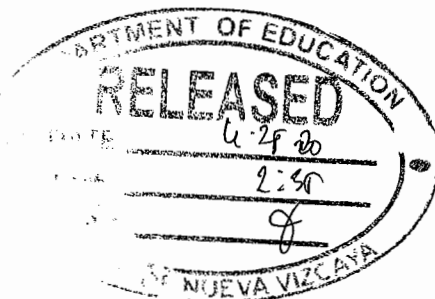
Republic of the Philippines
Department of Education
 REGION II – CAGAYAN VALLEY
 SCHOOLS DIVISION OF NUEVA VIZCAYA

25 June 2020

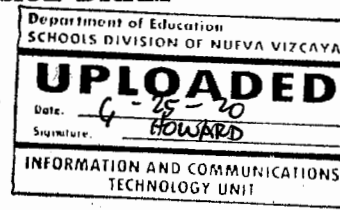
DIVISION MEMORANDUM
 No. 141, s. 2020

**MENTAL HEALTH AWARENESS: STRESS MANAGEMENT TRAINING FOR SDO
 TEACHING PERSONNEL, DISTRICT AND SCHOOL DRRM COORDINATORS OF
 NUEVA VIZCAYA**

To: Office of the Assistant Schools Division Superintendent
 School Governance and Operations Division Chief
 Curriculum Implementation Division Chief
 Public Schools District Supervisors/District In-Charge
 Public Elementary and Secondary School Heads
 All others concerned



1. With the ongoing COVID 19 pandemic situation in the country, the department recognizes the importance of providing psychosocial support services among its personnel. It aims to institute a culture of resilience among its personnel in the face of any emergency or disaster.
2. Anent this, the division office thru the School Governance and Operations Division - Human Resource Development Unit and the Disaster Risk Reduction Management Services in partnership with the Psychological Association of the Philippines will be conducting an online **Stress Management Training for the Teaching Personnel and School DRRM Coordinators** on **July 7, 2020** from 8:30AM – 12:00PM.
3. The participants are expected to log in using deped email accounts to access this link <https://meet.google.com/csg-iohg-pqs> at exactly 8:30 AM on July 7, 2020. To accommodate more participants and to ensure physical distancing, each district is advised to set up a wider venue using wide screen (i.e. gymnasium, multi-purpose hall or the like) and stable internet connection.
4. For further inquiries, contact **Ms. Maria Theresa B. Iglesia – Division DRRM Coordinator at 09178449740.**
5. For your guidance, appropriate action and immediate dissemination.



by:
JONATHAN A. FRONDA, PhD., CESE
 Officer-In-Charge
 Office of the Assistant Schools Division Superintendent

for
RACHEL R. LLANA PhD, CESO VI
 Assistant Schools Division Superintendent
 Officer In-Charge
 Office of the Schools Division Superintendent



Address: Quezon St., Don Domingo Maddela, Bayombong, Nueva Vizcaya
Telephone Nos.: (078) 362-0106, 09171589946
Email Address: nuevavizcaya@deped.gov.ph
Website: www.deped-nv.com.ph

Doc Code:	FM-OSDS-SDS-001	Rev:	01
As of:	01-09-2020	Page:	1

