



Republic of the Philippines  
**Department of Education**  
REGION II – CAGAYAN VALLEY  
SCHOOLS DIVISION OF NUEVA VIZCAYA


10 August 2021

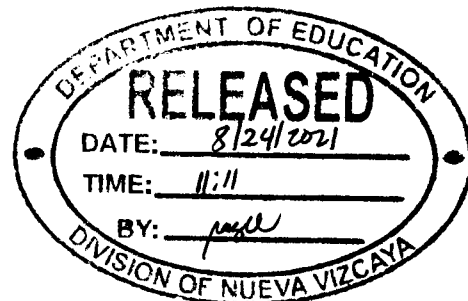
DIVISION MEMORANDUM  
No. **3/7**, s. 2021

**ADDENDUM TO DIVISION MEMORANDUM NO. 292 S.2021 ENTITLED,  
119<sup>th</sup> FOUNDING ANNIVERSARY OF SDO NUEVA VIZCAYA**

TO: Assistant Schools Division Superintendent  
Chief Supervisors (CID, SGOD)  
Education Program Supervisors  
Public Schools District Supervisor/DICs  
School Heads and Teachers (Elementary/Secondary)  
All others concerned

1. Attached are the timeline along with the different activities and the mechanics and guidelines of the different contests in celebration of the **119<sup>th</sup> FOUNDING ANNIVERSARY OF SDO NUEVA**.
2. For widest dissemination and guidance.

  
**RACHEL R. LLANA PhD, CESO VI**  
Assistant Schools Division Superintendent  
Officer In-Charge  
Office of the Schools Division Superintendent



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## Attachment 2 CONTESTS GUIDELINES AND MECHANICS

### **BE-LCPelikula** (Most Innovative BE-LCP)

1. The contest is open to public and private elementary and secondary schools in the division. It shall have the following categories:

- Public Elementary Central School – one(1) per district
- Public Elementary Non-Central School – one (1) per district
- Public Secondary School – 1 per district (can be medium/large/mega large)
- Private Elementary School - open
- Private Secondary School – open

2. The school head must present the school BE LCP for SY 2020-2021 in a clear, creative and engaging manner through a video presentation of not more than 5 minutes. Pictures, graphics and documents in the video must be original and is owned by the school.

3. Videos must reflect on the school's journey in delivering basic education services amidst the pandemic along with school's validated data.

4. Official entries of each districts/schools should be properly indorsed by the District Supervisors and school heads for private schools and submit to the CID c/o Maricel S. Franco, EPS-Science at [cidnv2018@gmail.com](mailto:cidnv2018@gmail.com) on or before **September 10, 2021** with the file names per category:

- BE-LCP-Central\_Name of district\_School
- BE-LCP-Non Central\_District\_School
- BE-LCP-PublicSec\_District\_School
- BE-LCP-PrivateElem\_District\_School
- BE-LCP-PriateSec\_District\_School

6. The email should include the following:

- a. Name of the school, district, school head, district head, contest category
- b. Pdf file of the video script along with the reference in Chicago Manual Style

Non-submission of any of the required documents and entries sent after the due date shall automatically be disqualified.

7. All entries shall be reviewed and evaluated by the Board of Judges based on the Rubric Evaluation Tool for Judging.

8. Top three (3) winners per category shall receive Certificate of Recognition, trophies and minimal supplies for the implementation of the BE-LCP.



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### BE-LCPetikula RUBRIC EVALUATION TOOL

CRITERIA	POINTS				
	1-Poor	2-Fair	3-Good	4-Very good	5- Excellent
<b>Content</b>  <b>60%</b>	It covers data that are aligned and relevant to the implementation of the BE-LCP (6 or more data lacking)	It covers data that are aligned and relevant to the implementation of the BE-LCP (5 data lacking)	It covers data that are aligned and relevant to the implementation of the BE-LCP (3-4 data lacking)	It covers sufficient data that are aligned and relevant to the implementation of the BE-LCP (1-2 data lacking)	It covers all sufficient data that are aligned and relevant to the implementation of the BE-LCP
<b>Organization</b>  <b>10%</b>	Difficult to follow. Very poor quality shows very poor effort	Difficult to follow. Poor quality shows poor effort.	Portions may be poorly documented and/or organized. Hard to follow the progressions of the video. Explanation shows some effort.	Fairly well documented and organized. Format is easy to follow. Good explanation shows good effort.	Presentation shows a continuous progression of ideas and tells a complete, easily followed story. Well organized.
<b>Uniqueness</b>  <b>15%</b>	The video conveys uniqueness in the implementation of BE LCP (Includes at least 1 school initiated interventions/innovations/best practices)	The video conveys uniqueness in the implementation of BE LCP (Includes at least 2 school initiated interventions/innovations/best practices)	The video conveys uniqueness in the implementation of BE LCP (Includes at least 3 school initiated interventions/innovations/best practices)	The video conveys a lot of creativity and uniqueness in the implementation of BE LCP (Includes at least 4 school initiated interventions/innovations/best practices)	The video conveys a lot of resourcefulness, creativity and uniqueness in the implementation of BE LCP (Includes 5 or more school initiated interventions/innovations/best practices)
<b>Creativity &amp; Elements of Design</b>  <b>10%</b>	Use of elements detracts from video. Too many or too gaudy graphics; transitions, too many clips, backgrounds and/or sounds detract from content. Pictures or video clips may be out of focus or "shaky".	Use of elements detracts from video. Too many or too gaudy graphics; transitions, too many clips, backgrounds and/or sounds detract from content.	Minimal use of design elements. No transitions. Sound is lacking or inappropriate or scratchy. Some pictures or video clips may be out of focus or "shaky".	Good use of graphics and/or other design elements. Some transitions are inappropriately placed. Sound quality is OK. Video clips or pictures are clear and in focus.	Excellent sense of design. Effective camera techniques used for the video and pictures. Video and pictures are in focus and of good quality. Smooth transitions are appropriate and aid in delivery of the presentation.
<b>Mechanics</b>  <b>5%</b>	Includes six or more grammatical errors, misspellings, punctuation errors; sources are not documented.	Includes five grammatical errors, misspellings, punctuation errors; sources are not documented.	Includes 3 – 4 grammatical errors, misspellings, punctuation errors; some sources are documented but not correctly.	Includes 1 – 2 grammatical errors, misspellings, punctuation errors; sources are documented and correctly and copyright law has been followed.	Grammar, spelling, punctuation, capitalization are correct; sources are documented correctly and copyright law has been followed.



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Attachment 1

Timeline for the 119 Days of 119<sup>th</sup> Anniversary Celebration of the SDO-Nueva Vizcaya

August	September	October	November	December
Aug. 10- 1. Launching of the Celebration 2. Official Weighing in of Biggest Loser 3. First Draw of the Ball of Fortune	Sept. 11, 2021- Presentation of Candidates of Search for Mr. and Miss SDO  Initial counting/first canvassing for the Search for Mr. and Miss SDO	Oct. 4, 2021- Submission of BE-LC Pelikula Entries	November 5, 2021- Deadline of submission of AVP of all the Talent Showdown entries	December 2, 2021- Panagawid (Homecoming)
August 11 to 20, 2021 – Uploading of Memorandum in connection with the celebration	Sept. 6-8, 2021 – Beskaya Education Congress	Oct. 5- 15, 2021- Judging of the BE-LC Pelikula	November 6-15, 2021 – Judging of entries	December 3- Final presentation and face to face performance of the top 3 in the Talent show contenders  Announcement of winners for Techno-Siglatan, BE-LCPelikula,



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				Academic Feat, Sports Events and Laro ng Lahi
Aug. 23-27, 2021- Possible dates of 2 <sup>nd</sup> draw for the Ball of Fortune	Sept. 9,10,16,17,23, & 24, 2021- Elimination Round for Sports Events and Laro ng Lahi	Oct. 7,8,14,15 & 21, 2021 – Semi-finals/Finals of the Sports Events and Laro ng Lahi	November 11, 2021- Last Canvassing	December 6- Final weighing of the contenders of the Biggest Loser  Coronation Program of the Search for Mr. and Miss SDO  Final Draw of the Ball of Fortune
			Awarding Ceremony by Cluster Cluster 1-Nov.17, 2021 Cluster 2-Nov. 18, 2021 Cluster 3-November 24, 2021 Cluster 4-November 25, 2021	



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	Sept. 13-30, 2021 Techno-siglatan Activities	October 7-30, 2021 - Video Recording of the entries for all Contest activities under the Talent Showdown	November 23, 2021- Release of Memo for the top 3	
	Sept. 27-30, 2021- Possible dates for another draw of Ball of Fortune	Oct. 9, 2021- 2 <sup>nd</sup> Canvassing	November 10, 2021- Final round for Quiz Bee and Essay Writing Contest	
		October 20-21, 2021- Elimination Round for Quiz Bee and Essay Writing Contest	November 15, 2021- Deadline of submission of results of contests to the Secretariat	
		Oct. 25-29, 2021- Possible dates for draw of Ball of Fortune	Nov. 22-26, 2021- Possible dates for draw of the Ball of Fortune	
			November 26, 2021- Cultural Show	
			Nov. 29, 2021 – Ecumenical Service (ECHO)	



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## TECHNO SIGLATAN 2021

In commemoration with the SDO founding anniversary

1.

Component Area	Agri-Fishery Arts	
Contest Package	<b>Dish Gardening</b>	
Participants	Junior/Senior teachers/mentors	HS
Number of Participants	Two (2)	
Time Allotment	3 hours	
Description/ Mechanics	Materials and tools 1. Maximum of six (6) ornamental Plants 2. 20" diameter dish with 4" height 3. Pebbles 4. Maximum of two (2) accessories 5. Appropriate tools and equipment 6. Soil Note: Electric generated accessories is not allowed Mechanics: Perform dish gardening techniques- Free Style. -Always wear appropriate Personal Protective Equipment (PPE)	
Criteria for Judging	Criteria	Percentage
	1. Originality of sketch plan	20%
	2. Combination of plants and accessories	20%
	3. Use of tools and equipment	10%
	4. Methods and safe work habits	10%
	5. Visual impact	20%
	6. Speed	10%
	7. Ability to perform the process	10%
TOTAL	100%	

2.

Component Area	Agri-Fishery Arts	
Contest Package	<b>Multiple Grafting</b>	
Participants	Junior/Senior teacher/mentor	HS



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Number of Participants	One (1)	
Time Allotment	3 hours	
Description/ Mechanics	Materials 1. Root Stock (Ordinary bougainvillea) 2. Scion or mother plant (imported and variegated) 3. Grafting materials and tools  Mechanics: Perform multiple grafting techniques for bougainvillea, minimum of four 4 scions to be grafted - Free Style. -Always wear appropriate Personal Protective Equipment (PPE)	
Criteria for Judging	Criteria	Percentage
	1. Combination of imported and variegated species	20%
	2. Number of grafted species	20
	2. Use of tools and equipment	10%
	3. Methods and safe work habits	10%
	4. Visual impact	20%
	5. Speed	10%
	6. Ability to perform the process	10%
	TOTAL	100%

3.

Component Area	Agri-Fishery Arts	
Contest Package	<b>Fruit Carving</b>	
Participants	Elementary teacher/mentor	
Number of Participants	One (1)	
Time Allotment	3 hours	
Description/ Mechanics	Materials 1. Maximum of 5 kinds of fruits/vegetable (carrots, cucumber, water melon, squash papaya) 2. Fruit carving tool  Mechanics: Perform fruit carving techniques- Free Style. -Always wear appropriate	



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	Personal Protective Equipment (PPE)	
Criteria for Judging	Criteria	Percentage
	1. Visual impact	30
	2. Use of tools and equipment	20%
	3. Methods and safe work habits	20%
	4. Speed	10%
	5. Ability to perform the process	20%
	TOTAL	100%

4.

	Agri-Fishery Arts	
Contest Package	<b>Bangus Deboning</b>	
Participants	OPEN- male category only	
Number of Participants	One (1)	
Time Allotment	3 hours	
Description/ Mechanics	Materials 1. ½ kilogram fresh bangus 2. knife or bolo 3. deboning materials/tools  Mechanics: Perform deboning techniques for fresh bangus- Free style. -Always wear appropriate Personal Protective Equipment (PPE)	
Criteria for Judging	Criteria	Percentage
	1. Visual impact of deboned bangus	30
	2. Use of tools and equipment	20%
	3. Methods and safe work habits	20%
	4. Speed	20%
	5. Ability to perform the process	10%
	TOTAL	100%

5.

Component Area	Home Economics	
Contest Package	<b>Cake Decoration 2 layers</b>	
Participants	Junior/senior teachers/mentors	HS
Number of Participants	Two (2)	
Time Allotment	3 hours	



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Description/ Mechanics	Materials and tools 1. Pre-cooked 10” diameter by 4” height cake 2. Icing materials 3. Cake stand 4. Tools and equipment used in decorating cake Mechanics: Perform various cake decorating techniques -Free Style. -Always wear appropriate Personal Protective Equipment (PPE)	
Criteria for Judging	Criteria	Percentage
	1. Creativity	20%
	2. Accuracy	20%
	3. Quality of the product	20%
	4. Neatness	20%
	5. Proper use of tools and equipment	10
	6. Speed	10%
	TOTAL	100%

6.

Component Area	Home Economics	
Contest Package	<b>Table Setting with skirting</b>	
Participants	Elementary/secondary level	
Number of Participants	Two (2)	
Time Allotment	3 hours	
Description/ Mechanics	Materials and tools 1. 3’ x 4’ table 2. Table appointments 3. Skirting material- table cloth Mechanics: Perform table setting with skirting – Free style. -Always wear appropriate Personal Protective Equipment (PPE)	
Criteria for Judging	Criteria	Percentage
	1. Creativity	20%
	2. Accuracy	20%
	3. Visual impact	20%
	4. Neatness	20%



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	5. Proper use of materials and equipment	10
	6. Speed	10%
	TOTAL	100%

7.

Component Area	Home Economics	
Contest Package	<b>Beauty Care</b>	
Participants	OPEN to all levels including SDO personnel	
Number of Participants	Two (2)	
Time Allotment	3 hours	
Description/ Mechanics	Materials and tools 1. Foundation, make up products 2. Hair accessories 3. Face towels 4. Head band, smock gown clips 5. Hair Blower 6. Hair Iron/Curler 7. Vanity mirror 8. Closet with mirror and chair/stool Mechanics: Perform the appropriate hair style with DAY-MAKE UP- Free style. -Always wear appropriate Personal Protective Equipment (PPE)	
Criteria for Judging	Criteria	Percentage
	1. Over all appearance of the model before and after	20%
	2. Skills and Techniques	20%
	3. Safety	20%
	4. Neatness	20%
	5. Proper use of materials and equipment	10
	6. Speed	10%
	TOTAL	100%

8.

Component Area	Home Economics	
Contest Package	<b>Exotic Dish</b>	



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Participants	Elementary school teachers/mentors	
Number of Participants	Two (2)	
Time Allotment	3 hours	
Description/ Mechanics	Materials and tools 1. Raw exotic main ingredient 2. Cooking ingredients 3. Cooking paraphernalia  Mechanics: Prepare exotic dish- Free Style. -Always wear appropriate Personal Protective Equipment (PPE)	
Criteria for Judging	Criteria	Percentage
	1. Creativity	20%
	2. Accuracy	20%
	3. Quality of the product	20%
	4. Neatness	20%
	5. Proper use of tools and equipment	10
	6. Speed	10%
	Total	100%

9.

Component Area	Industrial Arts	
Contest Package	<b>Antique Table making</b>	
Participants	Junior/Senior HS teachers/mentors	
Number of Participants	Two (2)	
Time Allotment	4 hours	
Description/ Mechanics	Materials and tools 1. 3'x4'x 2" irregular shape lumber- top board 2. any wooden material for the legs (roots of trees, irregular shapes of logs etc.) 3. Carpentry tools and equipment Mechanics: Construct/fabricate antique table -Free Style. -Always wear appropriate Personal Protective Equipment (PPE)	



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Criteria for Judging	Criteria	Percentage
	1. Creativity	20%
	2. Accuracy	20%
	3. Quality of the product	20%
	4. Neatness	20%
	5. Proper use of tools and equipment	10
	6. Speed	10%
	Total	100%

10.

Component Area	Industrial Arts	
Contest Package	<b>“ Bankito” making</b>	
Participants	Elementary female teachers/mentors	
Number of Participants	Two (2)	
Time Allotment	2 1/2hours	
Description/ Mechanics	Materials and tools 1. 1"x6"x24" lumber 2. 1"X2"X12" 2. 10 pcs 2" CW nails 3. Carpentry tools and equipment Note: Power tools not allowed Mechanics: Construct/fabricate “Bankito” - Free Style. -Always wear appropriate Personal Protective Equipment (PPE)	
Criteria for Judging	Criteria	Percentage
	1. Creativity	20%
	2. Accuracy	20%
	3. Quality of the product	20%
	4. Neatness	20%
	5. Proper use of tools and equipment	10
	6. Speed	10%
	Total	100%

11.

Component Area	ICT	
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Contest Package	<b>SDO 119th Founding Anniversary Program Making Invitation</b>	
Participants	Elementary school teacher/mentor	
Number of Participants	One (1)	
Time Allotment	4 hours	
Description/ Mechanics	Materials and tools 1. A4 Photo paper 2. Personal Computer or laptop <b>Mechanics:</b> Make Invitation Program for the SDO founding Anniversary - Free Style. -Always wear appropriate Personal Protective Equipment (PPE)	
Criteria for Judging	Criteria	Percentage
	1. Creativity	20%
	2. Accuracy	20%
	3. Quality of the product	20%
	4. Neatness	20%
	5. Proper use of tools and equipment	10
	6. Speed	10%
	Total	100%

12.

Component Area	ICT	
Contest Package	<b>Preparation of House Plan (Autocad)</b>	
Participants	Junior or Senior HS teachers/mentors	
Number of Participants	One (1)	
Time Allotment	4 hours	
Description/ Mechanics	Materials and tools 1. Personal Computer or laptop <b>Mechanics:</b> Prepare a one-storey 2 - Bedroom 6mx8m House Plan with box type Roofing -Free Style. -Always wear appropriate Personal Protective Equipment (PPE)	



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	1. Creativity	20%
	2. Accuracy	20%
	3. Quality of the product	20%
	4. Neatness	20%
	5. Proper use of tools and equipment	10
	6. Speed	10%
	Total	100%

**NOTE:**

All materials, tools and equipment shall be provided by the contestant/school/district

**CONTEST ADMINISTRATORS AND RECORDERS**

No.	Contest/Activity	Administrator	Recorder
1	Dish Gardening	Ma. Olivia M. Brazil	Singasing G. Valdez
2	Multiple Grafting	Amadeo B. Dulay	Alvin G. Culanag
3	Fruit Carving	Monaliza A. Cabato, PhD.	Rosie D. Calacala, PhD.
4	Bangus Deboning	Merlita C. Padilla, PhD.	Marites M. Villamor
5	Cake Decoration 2 layers	Luviminda M. Cordero, PhD.	Noemi C. Bulan
6	Table Setting w/ skirting	Merlyn S. Abat	Imelda S. Moreno
7	Beauty Care	Cesario C. Mariano, PhD.	Irene C. Bosque
8	Exotic Dish	Josie L. Conde, PhD.	Hilda D. Aragon
9	Antique Table making	Guilbert R. Orcales	Rodrigo C. Rosete
10	“Bankito” Making	Georly R. Tugade	Ignacio D. Dumangeng, Jr, PhD.
11	Invitation Program making for the 119 <sup>th</sup> founding anniversary of SDO	Marivic C. Bacud, PhD.	Osmundo R. Espejo
12	Preparation of House Plan	Teresita M. Taboy, PhD.	Medy M. Bianzon, PhD.
13	Mural Painting Secondary	Ronald G. James and Victor G. Taleon	Rosie J. Calip and Noemi C. Bulan
14	Mural Painting District	Alano A. Mendoza and Arnel A. Panganiban	Arnel B. Batalla and Ruby C. Gajo

**SCHEDULE OF ACTIVITIES**

No.	Event	Solano East CS	NVGCHS	Bambang CS	Bambang NHS
1	Dish Gardening		Sept. 21- 8:00-11:00		Sept. 21- 1:00-4:00
2	Fruit Carving	Sept. 21- 8:00-11:00		Sept. 21- 1:00-4:00	



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**Department of Education**  
 REGION II – CAGAYAN VALLEY  
 SCHOOLS DIVISION OF NUEVA VIZCAYA

3	Multiple Grafting		Sept. 22-8:00-11:00		Sept. 22-1:00-4:00
4	Table Setting w/ Skirting	Sept. 22-8:00-11:00		Sept. 22-1:00-4:00	
5	Bangus Deboning	Sept. 23-8:00-11:00	Sept. 23-8:00-11:00	Sept. 23-1:00-4:00	Sept. 23-1:00-4:00
6	Cake Decoration		Sept. 24-8:00-11:00		Sept. 24-1:00-4:00
7	Exotic Dish	Sept. 24-8:00-11:00		Sept. 24-1:00-4:00	
8	Antique Table Making		Sept. 27-8:00-12:00		Sept. 27-1:00-5:00
9	“Bankito” Making	Sept. 27-8:00-10:30		Sept. 27-1:00-3:30	
10	Beauty Care	Sept. 28-8:00-11:00	Sept. 28-8:00-11:00	Sept. 27-1:00-4:00	Sept. 28-1:00-4:00
11	Preparation of House Plan	September 29, 2021	8:00-12:00	Solano High School	
12	SDO Founding Anniversary Invitation Program Making	September 29, 2021	1:00-5:00	Solano High School	
13	Mural Painting High School	September 13-30, 2021		Road along SDO	
14	Mural Painting District	September 13-30, 2021		Road along NVGCHS	



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**SCHOOLS DIVISION OFFICE OF NUEVA VIZCAYA  
119<sup>TH</sup> FOUNDING ANNIVERSARY**

**1. Sports Events and Laro ng Lahi**

*A. Indoor Games*

- a. Badminton
- b. Bowling
- c. Chess

*B. Laro ng Lahi*

- a. Tug of War
- b. Patintero
- c. Kadang-Kadang Race Relay
- d. Sack Race Relay
- e. Culliot
- f. Dinnuron
- g. Sungka
- h. Limbo Rock

2. Participants: SDO Personnel (1) + Districts (23) = 24 teams

3. Number of Participants : 24 teams x assigned players

4. Description/Mechanics

Event	Mechanics	Game Rules
<b>Indoor Games</b>		
1. <u>Badminton</u>	<p><b>Players must serve diagonally across the net to their opponent.</b> As points are won then serving stations move from one side to the other. There are no second serves so if your first serve goes out then your opponent wins the point. A serve must be hit underarm and below the servers waist.</p>	<ul style="list-style-type: none"> <li>• A game can take place with either two (singles) or four (doubles) players.</li> <li>• An official match has to be played indoors on the proper court dimensions. The dimensions are 6.1m by 13.4m, The net is situated through the middle of the court and is set at 1.55m.</li> <li>• To score a point the shuttlecock must hit within the parameters of the opponent's court.</li> <li>• If the shuttlecock hits the net or lands out then a point is awarded to your opponent.</li> <li>• Players must serve diagonally across the net to their opponent. As points are won then serving stations move from one side to the other. There are no second serves so if your first serve goes out then your opponent wins the point.</li> <li>• A serve must be hit underarm and below the servers waist. No overarm serves are allowed.</li> <li>• Each game will start with a toss to determine which player will serve first</li> </ul>
Singles (M/F)		
Doubles (M/F)		
Mix Doubles (M & F)		
3 players per team (M/F)		



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		<p>and which side of the court the opponent would like to start from.</p> <ul style="list-style-type: none"> <li>• Once the shuttlecock is 'live' then a player may move around the court as they wish. They are permitted to hit the shuttlecock from out of the playing area.</li> <li>• If a player touches the net with any part of their body or racket then it is deemed a fault and their opponent receives the point.</li> <li>• A fault is also called if a player deliberately distracts their opponent, the shuttlecock is caught in the racket then flung, the shuttlecock is hit twice or if the player continues to infract with the laws of badminton.</li> <li>• Each game is umpired by a referee on a high chair who overlooks the game. There are also line judges who monitor if the shuttlecock lands in or not. The referee has overriding calls on infringements and faults.</li> <li>• Let may be called by the referee if an unforeseen or accidental circumstance arose. These may include the shuttlecock getting stuck in the bet, server serving out of turn, one player was not ready or a decision which is too close to call.</li> <li>• The game has only two rest periods coming the form of a 90 second rest after the first game and a 5 minute rest period after the second game.</li> <li>• If the laws are continuously broken by a player then the referee holds the power to dock that player of points with persisting fouls receiving a forfeit of the set or even the match.</li> </ul>
<p>2. <u>Bowling</u> (M/F)</p> <p><u>4 players</u> <u>each team</u> (2M/F)</p>	<p>A game of bowling consists of ten frames. In each frame, <b>the bowler will have two chances to knock down as many pins as possible with their bowling ball.</b> In games with more than one bowler, as is common, every bowler will take their frame in a predetermined order before the next frame begins.</p>	<p><b>Player Rules</b></p> <p>Teams consist of four players with no gender rule in place. Your team can have a maximum of 8 players on the roster. Teams can bowl four people (4) the first game and then bowl a new set of players the following game. The new set of players can consist of one (1) new bowler or four (4) new bowlers.</p> <p>A game of bowling consists of ten frames. In each frame, the bowler will have two chances to knock down as many pins as possible with their bowling ball. In games with more than one bowler, as is common, every bowler will take their frame in a predetermined order before the next frame begins. If a bowler is able to knock down all ten pins with their</p>



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		<p>first ball, he is awarded a strike. If the bowler is able to knock down all 10 pins with the two balls of a frame, it is known as a spare. Bonus points are awarded for both of these, depending on what is scored in the next 2 balls (for a strike) or 1 ball (for a spare). If the bowler knocks down all 10 pins in the tenth frame, the bowler is allowed to throw 3 balls for that frame. This allows for a potential of 12 strikes in a single game, and a maximum score of 300 points, a <u>perfect game</u>.</p>
<p>3. <u>Chess</u> (M/F)</p>	<p>Chess is a two-player game, where one player is assigned white pieces and the other black. Each player has 16 pieces to start the game: one king, one queen, two rooks, two bishops, two knights and eight pawns. <b>The object of the game is to capture the other player's king.</b></p>	<p>a) The tournament will be played in a seven (7)-round Swiss System/Swiss Perfect.</p> <p>b) Each player has thirty (30) minutes control time to finish his/her game.</p> <p>c) The defaulting time is thirty (30) minutes after the official start of the game.</p> <p><u>TIE-BREAKS:</u></p> <ol style="list-style-type: none"> <li>1) Direct encounter;</li> <li>2) Total Bucholz score;</li> <li>3) Median Bucholz score;</li> <li>4) Most number of wins;</li> <li>5) Most number of black pieces played; and</li> <li>6) Toss coin</li> <li>7)</li> </ol> <p>Miscellaneous Rules:</p> <ol style="list-style-type: none"> <li>1) Because of the special condition of quick play finish, players should conduct themselves in ethical manner in the spirit of fair play; disciplinary measures may be taken by the arbiter against erring players.</li> <li>2) If a player does not observe the provision of the laws of chess or fails to follow proper decorum, the arbiter may impose the following sanctions/penalties: <ol style="list-style-type: none"> <li>a) verbal warning;</li> <li>b) loss of game; and</li> <li>c) disqualification from the tournament.</li> </ol> </li> <li>3) Only players whose games are still on progress and tournament officials shall be allowed in the tournament area. After completing your games, you must sign the scoresheets with the correct results and that of the opponents, and submit it together with the chess clocks to the game officials.</li> </ol>



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		<p>4) No smoking inside the playing area/hall.</p> <p>5) Beepers, cellphones and other forms of communication are not allowed inside the playing area/hall.</p> <p>6) Analysis of completed game is not allowed especially during game time.</p> <p>7) Always display sportsmanship and courtesy at all times and accept defeat graciously.</p>
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### LARO NG LAHI

Game	Rules	Comments
<p>1. Tug of War</p> <p>16 players (8M/8F)</p>	<p>Best of Three</p> <p>(2 out of 3 games )</p>	<p>1. No spiked footwear. Raised heels up to a maximum of ¼ inch (7mm) allowed (to be inspected).</p> <p>2. Gloves may be worn.</p> <p>3. Overall pull to be 12 feet and the winner is the team to pull their opposition 6 feet from the mark.</p> <p>4. No hand over hand pulling allowed. Team members must go back with rope when pulling.</p> <p>5. Anchorman to loop rope around one shoulder to secure rope. No knot is permitted on the rope end.</p> <p>6. All team members to remain on their feet at all times, no hands are persistently allowed on the ground apart from the anchorman who is permitted to use one hand on the ground.</p> <p>7. Teams through coaches or captains will be reminded of the rules prior to the commitment of competition. Only coaches can consult with the judge and the judge's decision is final.</p> <p>8. A team member is permitted to pull for only one team during a competition.</p> <p>9. Direction of pull will be decided by toss of coin.</p> <p>10. Prior to commencement of pull, judge will ask coaches if they are ready, then give the command 'take the strain' at this point team members may heel in, when teams are balanced, order to 'pull', is given and the tie has commenced.</p> <p>11. Teams will leave area of competition during ties in which they are not involved.</p> <p>12. Two warning for infringements of the rules or inappropriate behavior, including foul language, will be given. A further warning will result in disqualification.</p> <p>13. The coach will encourage the team to pull as and when required dependent on the opposing team actions. The coach must be very alert to keep his team fully aware of the moves intended or to just hold awaiting the correct time to make a move.</p>



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		<p>14. The competition will commence with the command from the judge' "pick up the rope", thereupon the two teams move back until the rope is taught and the judge inserts the marker flag opposite the central marker on the rope.</p> <p>15. The teams thumb their feet into the ground for firm hold and then lean back on the rope and the judge gives the command, "Pull" whereupon the two (2) teams then pull with all their strength.</p> <p>16. The objective is to pull with nearly straight arms and legs from as low a position as possible with all members of the team in unison.</p> <p>17. The length of the pull may vary but officially should be 12 feet which is measured by two (2) markers on the rope each six (6) feet from the center.</p> <p>18. When either mark passes the stick placed in the ground by the judge at the central point of the rope when starting competition, the other side has won that pull.</p> <p>19. Non-playing team members and other spectators will stay 5 meters away from the playing or pulling area.</p> <p>20. Prior to the match, the teams are entitled to a warm-up session.</p> <p>21. A player should exemplify favorable behavior and always observe proper decorum.</p> <p>22. A player should submit himself in loyal obedience to the management, officiating and other officials as geared towards his personal and professional development as a team member.</p> <p>23. Every team member should abide with the law, rules and regulations of the competition.</p> <p>24. Every member of the team shall be physically fit to play. Each player should present a Medical Certificate from the Division Physician.</p> <p>24. The pairings will be done through drawlots.</p>
<p>2. Patintero</p> <p>6 players in each Category (M/F)</p>	<p>Played by two teams, passers and guards</p>	<p>1. The game starts with a toss of a coin to decide the team that becomes the passer or runner.</p> <p>2. The players should form two teams with an equal number of players, where one team plays defensive and guards the other team against passing the lines.</p> <p>3. The two teams make up the guards and the runners (passers).</p> <p>4. The guards assign a player to the lateral line in the middle of the rectangle and the other players on each horizontal line.</p> <p>5. The objective of the runners is to get across to one end of the big rectangle and back without being touched or tagged by a guard.</p>



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		<p>6. During the game, the guards should ensure they have both feet on the ground before tagging their opponent; otherwise, it will not count.</p> <p>7. Once a runner is tagged, he or she gets out of the game.</p> <p>8. If a runner makes it across the big rectangle and back without being touched with the butterfly fingers, they earn a point.</p> <p>9. Once all the runners of a team have been tagged, it's game (all outs).</p> <p>10. Every member of the team shall be physically fit to play. Each player should present a Medical Certificate from the Division Physician.</p>
<p>3. Kadang-Kadang Race Relay</p> <p>5 players in each category (M/F)</p>		<p>1. The team is composed of ten (10) players.</p> <p>2. At the signal of the officiating official, the two players at the start of the two rows/teams walk on their bamboo made kadang-kadang toward the goal line.</p> <p>3. The pair will run the twenty-five (25) meters distance through the bamboo kadang-kadang from the starting line to the end line and move around a marker then go back to the starting line then the male participant will tap the hand of the next player who will run and the next players respectively.</p> <p>4. Failure to tap the hand of the next pair will disqualify the team.</p> <p>5. The last player in the team who crosses the finish line first will be declared as the winner.</p> <p>6. Every member of the team shall be physically fit to play. Each player should present a Medical Certificate from the Division Physician.</p>
<p>4. Sack Race Relay</p> <p>5 players (M/F)</p>		<p>1. The team is composed of five (5) members</p> <p>2. Once the team is organized, no more substitution is allowed.</p> <p>3. The player will run the twenty-five (25) meters distance from the starting line to the end line and move around a marker then go back to the starting line then the next player will tap the hand of the next player who will run up to the last player.</p> <p>4. Failure to tap the hand of the next pair will disqualify the team.</p> <p>5. The last pair in the team who crosses the finish line first will be declared as the winner.</p> <p>6. Every member of the team shall be physically fit to play. Each player should present a Medical Certificate from the Division Physician.</p>
<p>5. Culliot</p> <p>Individual (M/F)</p>	The players use rope	<p>1. It is individual game which is an opposite of dinnuron.</p>



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		<p>2. It is played by holding the bamboo pole and pushing the opponent to be able to step on the opponent's borderline</p> <p>3. No spiked footwear. Raised heels up to a maximum of ¼ inch (7mm) allowed (to be inspected).</p> <p>4. Gloves may be worn. .</p> <p>5. Overall pull to be 12 feet and the winner is the individual to pull his/her opposition 6 feet from the mark.</p> <p>6. The individual to remain on his/her feet at all times, no hand is persistently allowed on the ground apart from the anchorman who is permitted to use one hand on the ground.</p> <p>7. The competitors will be reminded of the rules prior to the commitment of competition. Only the coach can consult with the judge and the judge's decision is final.</p> <p>8. Prior to commencement of pull, judge will ask coaches if they are ready, then give the command 'take the strain' at this point individual may heel in, when teams are balanced, order to 'pull', is given and the tie has commenced.</p> <p>9. Two warning for infringements of the rules or inappropriate behavior, including foul language, will be given. A further warning will result in disqualification.</p> <p>10. The competition will commence with the command from the judge' "pick up the rope", thereupon the two teams move back until the rope is held.</p> <p>11. Each player should present a Medical Certificate from the Division Physician.</p>
<p>6. Dinnuron Individual (M/F)</p>	<p>This game is through the use of the bamboo</p>	<p>1. It is team game similar to tug of war or culliot. Instead of a rope, a bamboo pole is used. And instead of pulling the opponent, the players push the bamboo pole to the side of the adversary.</p> <p>2. It is played by holding the bamboo pole and pushing the opponent to be able to step on the opponent's borderline</p> <p>3. No spiked footwear. Raised heels up to a maximum of ¼ inch (7mm) allowed (to be inspected).</p> <p>4. Gloves may be worn. .</p> <p>5. Overall pull to be 12 feet and the winner is the team to push their opposition 6 feet from the mark.</p> <p>6. No hand over hand pushing allowed. Team members must go back with bamboo when pushing.</p> <p>7. All team members to remain on their feet at all times, no hands are persistently allowed on the ground apart from the anchorman who is permitted to use one hand on the ground.</p> <p>8. Teams through coaches or captains will be reminded of the rules prior to the commitment</p>



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		<p>of competition. Only coaches can consult with the judge and the judge's decision is final.</p> <p>9. A team member is permitted to push for only one team during a competition.</p> <p>10. The team that will hold the thinner end of the bamboo in the first game shall hold the thicker end of the bamboo in the second game.</p> <p>11. If there is a tie after second game, a tossing of coin will determine which team will hold the thicker end of the bamboo.</p> <p>12. Prior to commencement of push, judge will ask coaches if they are ready, then give the command 'take the bamboo' at this point team members may heel in, when teams are balanced, order to 'push', is given and the tie has commenced.</p> <p>13. Teams will leave area of competition during ties in which they are not involved.</p> <p>14. Two warning for infringements of the rules or inappropriate behavior, including foul language, will be given. A further warning will result in disqualification.</p> <p>15. The coach will encourage the team to push as and when required dependent on the opposing team actions. The coach must be very alert to keep his team fully aware of the moves intended or to just hold awaiting the correct time to make a move.</p> <p>16. The competition will commence with the command from the judge' "pick up the bamboo", thereupon the two teams move back until the bamboo is lifted and the judge ties a rope on the center bamboo.</p> <p>17. The teams thumb their feet into the ground for firm hold and then lean back on the rope and the judge gives the command, "Push" whereupon the two (2) teams then push with all their strength.</p> <p>18. The objective is to push with nearly straight arms and legs from as low a position as possible with all members of the team in unison.</p> <p>19. The length of the push may vary but officially should be 12 feet which is measured by two (2) markers on the bamboo each six (6) feet from the center.</p> <p>20. When either mark passes the stick placed in the ground by the judge at the central point of the bamboo when starting competition, the other side has won that push.</p> <p>21. Non-playing team members and other spectators will stay 5 meters away from the playing or pulling area.</p> <p>22. Prior to the match, the teams are entitled to a warm-up session.</p> <p>23. A player should exemplify favorable behavior and always observe proper decorum.</p> <p>24. A player should submit himself in loyal obedience to the management, officiating and</p>
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		<p>other officials as geared towards his personal and professional development as a team member.</p> <p>25. Each player should present a Medical Certificate from the Division Physician.</p>
<p>7. Sungka</p> <p>Open Individual (M/F)</p>		<p>For the first turn, a player may decide which of the seven houses directly in front of him (on his side of the board) he wishes to begin with. He picks up all of the shells from his chosen hole, and he should then move his hand around the board in a clockwise-direction, dropping one shell in each hole or head he passes over, including all of the holes on both sides of the board and the player's head but NOT the opponent's head.</p> <p>Where you release the last shell from your hand is very important, as it dictates whether you may continue your turn. If you land in your head, then you may continue your turn from any of your holes.</p> <p>If you drop your last shell into a hole that already had shells in it, you may pick up every shell in that hole (including the one you dropped) and continue your turn.</p> <p>The player's (current) turn ends when the last piece falls into an empty hole, whether on the player's side or the opponent's side. If this happens in one of your holes, on your side of the board, then you may claim all the shells in the hole directly opposite (from your opponent's side of the board) and drop them in your head, although the turn is still over. Both players play simultaneously, and it can be quite hectic.</p> <p>Once a player has ended their first turn, he must also wait for the opponent to complete his turn, and from that point on, players take it in turns to play their turns.</p> <p>The game ends when no pieces are left in any hole on both sides of the board. The players now count the number of pieces in their own "head" and see who has won.</p>
<p>8. Limbo Rock</p> <p>Open Individual (M/F)</p>		<p>All contestants <b>must attempt to go under the bar with their backs facing toward the floor</b>. When passing under the bar, players must bend backwards. No part of their body is allowed to touch the bar, and no part other than their feet may touch the ground. They must not turn their head or neck to the side.</p> <p>The rules of limbo are deceptively simple, yet it takes an individual with remarkable</p>



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		<p>flexibility to perform well. A pole is held parallel to the ground by two people (or propped up on a stand). The contestants form a line and, in turn, they attempt to pass under the bar. After everyone in the line has made an attempt, the bar is lowered an inch or two and the process repeats.</p> <p>As contestants are eliminated, the duration between an individual's turns decreases. In this, the later stages of limbo become an endurance contest in addition to a progressive flexibility exhibition</p>
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5. Criteria for Judging : It is included in the Mechanics and rules of the game/event
6. Rubrics:
7. Budgetary Requirement

### Indoor Games

Game/Event	Materials Needed	Amount	Prizes (by category)	Cash Prizes
1. Badminton	2 Badminton Rackets 1 set Shuttlecocks	1,500.00  500.00	<i>Singles (M)</i> Champion	300.00
			1 <sup>st</sup> Runner-up	200.00
			2 <sup>nd</sup> Runner-up	100.00
			<i>Singles (F)</i> Champion	300.00
			1 <sup>st</sup> Runner-up	200.00
2 <sup>nd</sup> Runner-up	100.00			
			<i>Doubles (M)</i> Champion	500.00
			1 <sup>st</sup> Runner-up	300.00
			2 <sup>nd</sup> Runner-up	200.00
			<i>Doubles (M &amp; F)</i> Champion	500.00
1 <sup>st</sup> Runner-up	300.00			
2 <sup>nd</sup> Runner-up	200.00			
2. Bowling	Rent at PLT Resort	Still coordinating to PLT Resort Manager about the rental	<i>Male category</i> Champion	1,000.00
			1 <sup>st</sup> Runner-up	800.00
			2 <sup>nd</sup> runner-up	600.00
			<i>Female category</i> Champion	1,000.00
1 <sup>st</sup> Runner-up	800.00			
2 <sup>nd</sup> runner-up	600.00			



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3. Chess  1 player per team	Chess Board Chess Clocks		<i>Male category</i>	
			Champion	300.00
			1 <sup>st</sup> Runner-up	200.00
			2 <sup>nd</sup> runner-up	100.00
			<i>Female category</i>	
			Champion	300.00
			1 <sup>st</sup> Runner-up	200.00
			2 <sup>nd</sup> runner-up	100.00
TOTAL				8,200.00

### Laro ng Lahi

Game/Event	Materials Needed	Amount	Winners (by category)	Cash Prizes
1. Tug of War	Rope ( 1 in. thick, 10 meters length)	1,500.00	<i>Team (Male)</i>	
			Champion	500.00
			1 <sup>st</sup> runner-up	300.00
			2 <sup>nd</sup> Runner-up	200.00
			<i>Team (Female)</i>	
			Champion	500.00
			1 <sup>st</sup> runner-up	300.00
			2 <sup>nd</sup> Runner-up	200.00
2. Patintero	Lime	500.00	<i>Male category</i>	
			Champion	500.00
			1 <sup>st</sup> Runner-up	300.00
			2 <sup>nd</sup> runner-up	200.00
			<i>Female category</i>	
			Champion	500.00
			1 <sup>st</sup> Runner-up	300.00
			2 <sup>nd</sup> runner-up	200.00
3. Kadang-Kadang Race Relay	Kadang-kadang bamboo	1,000.00	<i>Male category</i>	
			Champion	500.00
			1 <sup>st</sup> Runner-up	300.00
			2 <sup>nd</sup> runner-up	200.00
			<i>Female category</i>	
			Champion	500.00
			1 <sup>st</sup> Runner-up	300.00
			2 <sup>nd</sup> runner-up	200.00
4. Sack Race Relay	Sacks		<i>Male category</i>	
			Champion	500.00
			1 <sup>st</sup> Runner-up	300.00
			2 <sup>nd</sup> runner-up	200.00
			<i>Female category</i>	
			Champion	500.00
			1 <sup>st</sup> Runner-up	300.00
			2 <sup>nd</sup> runner-up	200.00
	Rope		<i>Male category</i>	



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 Website: [www.deped-nv.com.ph](http://www.deped-nv.com.ph)



5. Culiot			Champion	300.00
			1 <sup>st</sup> Runner-up	200.00
			2 <sup>nd</sup> runner-up	100.00
			<i>Female category</i>	
			Champion	300.00
			1 <sup>st</sup> Runner-up	200.00
			2 <sup>nd</sup> runner-up	100.00
6. Dinnuron	Bamboo (5 in. diameter, 8 ft. length)	500.00	<i>Male category</i>	
			Champion	300.00
			1 <sup>st</sup> Runner-up	200.00
			2 <sup>nd</sup> runner-up	100.00
			<i>Female category</i>	
			Champion	300.00
			1 <sup>st</sup> Runner-up	200.00
			2 <sup>nd</sup> runner-up	100.00
7. Sungka	Sungkaan		<i>Male category</i>	
			Champion	300.00
			1 <sup>st</sup> Runner-up	200.00
			2 <sup>nd</sup> runner-up	100.00
			<i>Female category</i>	
			Champion	300.00
			1 <sup>st</sup> Runner-up	200.00
			2 <sup>nd</sup> runner-up	100.00
8. Limbo Rock			<i>Male category</i>	
			Champion	300.00
			1 <sup>st</sup> Runner-up	200.00
			2 <sup>nd</sup> runner-up	100.00
			<i>Female category</i>	
			Champion	300.00
			1 <sup>st</sup> Runner-up	200.00
			2 <sup>nd</sup> runner-up	100.00
TOTAL		3,500.00		12,800.00

**SUMMARY OF EXPENSES**

1. Materials - 5,500.00
2. Cash Prizes - 21,000.00
- Grand Total - 26,500.00**

***N.B. To add the rentals for the PLT Resort Bowling Center***

9. Focal Person: Roscoe N. Gacusana



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Co-focal Persons : Dominador S. Gaila, Jr.  
Elenita B. Navarro

10. Members: Gaye Castillo  
Francis Linda  
Allan Amalingan

11. Officiating Officials: Badminton and Bowling

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**PROPOSED SCHEDULE OF GAMES:**

***Elimination Round***.....September 9, 10, 16, 17, 23 and 24, 2021

***Semi-Finals/Finals***.....October 7, 8, 14, 15 and 21, 2021

Venue:

Indoor Games:

<b><i>Event/Game</i></b>	<b><i>Venue</i></b>	<b><i>Date</i></b>	<b><i>Remarks</i></b>
1. Badminton Men Women Doubles Men Doubles Women Mix Doubles	NVGCHS	September 9, 2021	Elimination Round
2. Bowling			
3. Chess	SDO Hall		

Laro ng lahi

<b><i>Event/Game</i></b>	<b><i>Venue</i></b>	<b><i>Date</i></b>	<b><i>Remarks</i></b>
1. Tug of War Men (8) Women (8)	Nueva Vizcaya Teachers Camp (SIL)	September 9, 2021	Elimination Round Game 1:_____
2. Patintero Men (6) Women (6)	Nueva Vizcaya Teachers Camp (SIL)		
3. Kadang-kadang Race Relay Men (5) Women (5)	Nueva Vizcaya Teachers Camp (SIL)		
4. Sack Race Relay Men (5) Women (5)	Nueva Vizcaya Teachers Camp (SIL)		
5. Culliot Men (1) Women (1)	Nueva Vizcaya Teachers Camp (SIL)		
6. Dinnuron Men (1) Women (1)	Nueva Vizcaya		



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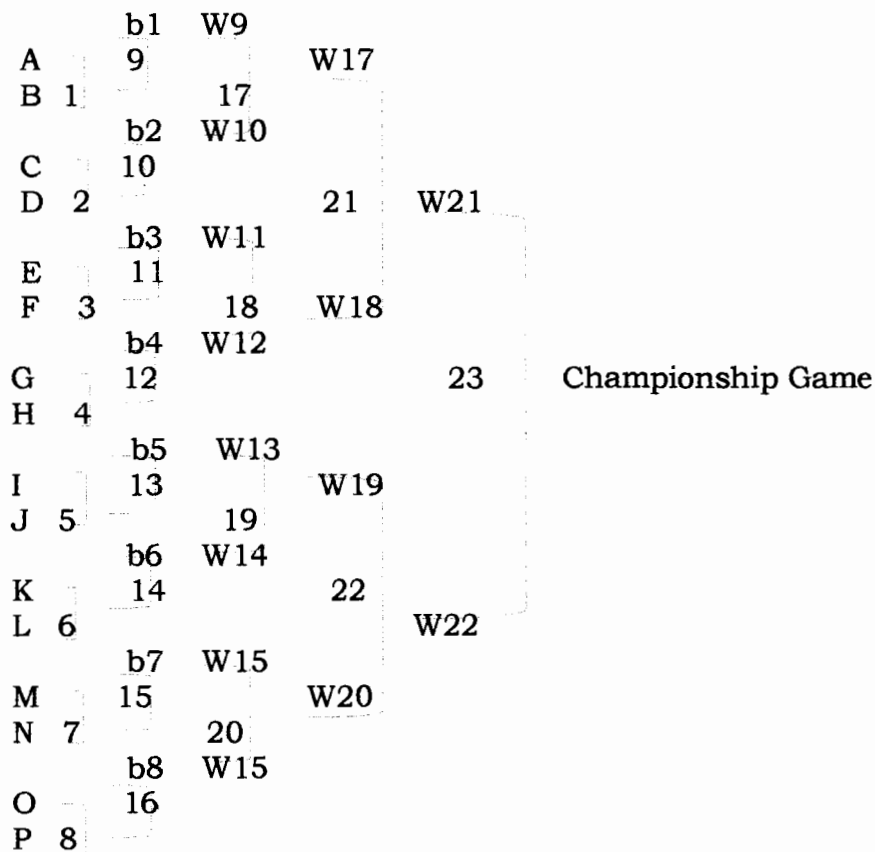
	Teachers Camp (SIL)		
7. Sungka Men (1) Women (1)	Nueva Vizcaya Teachers Camp (SIL)		
8. Limbo Rock Men (1) Women (1)	Nueva Vizcaya Teachers Camp (SIL)		

**Ramification for Single Elimination**

Number of Teams= 24

Number of Games=23

Number of Byes = 8



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