



Republic of the Philippines  
**Department of Education**  
REGION II – CAGAYAN VALLEY  
SCHOOLS DIVISION OF NUEVA VIZCAYA

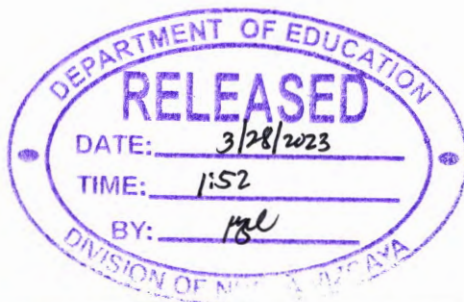
28 March 2023

DIVISION MEMORANDUM  
No. 97, s. 2023

**CONDUCT OF DIVISION TRAINING-WORKSHOP OF SELECTED COACHES  
ON SPORTS PSYCHOLOGY, MENTAL HEALTH, NUTRITION & COACHING  
CUM SPORTS CLINIC ALONG THE DIFFERENT SPORTS DISCIPLINES**

To: Assistant Schools Division Superintendent  
School Governance and Operations Division Chief  
Curriculum Implementation Division Chief  
Public Schools District Supervisors/District In-Charge  
Public Elementary and Secondary School Heads  
SDO EXECOM Members  
All others concerned

1. This Office announces the conduct of Division Training -Workshop on Sports Psychology, Mental Health, Nutrition & Coaching and Sports Clinic along the different sports events on March 30-31, 2023 to April 1-3, 2023 at Solano High School Gymnasium, Solano, Nueva Vizcaya.
2. The training-workshop and sports clinic aim to establish the ground for selected teachers to readily train or coach athletes in sports, equipped with the essential holistic and effective knowledge, skills and attitude.
3. The list of expected participants and Resource Speakers/Trainers is attached as DM Enclosure.
4. The meals and snacks of the seminar workshop participants and program management team shall be charged against HRTD Funds and Special Education Funds while the travel expense to be incurred shall be charged against local funds subject to usual accounting guidelines, rules, and procedures.
5. For information, guidance and compliance



*[Signature]*  
**RACHEL R. LLANA, PhD., CESO V**  
Schools Division Superintendent



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Enclosure to DM 97, 2023

Division Seminar-Workshop of Selected Coaches  
on Sports Psychology, Mental Health, Nutrition & Coaching  
and Sports Clinic Along the Different Sports Disciplines

**LIST OF PARTICIPANTS**

No	Name	School
<b>Archery</b>		
1	Jelly Jane C. Dinaguan	Salinas High School
<b>Arnis</b>		
2	Jhon Wayne A. Julian	Runruno Elementary School
3	Maricel Ligmayo	Ambaguio Central School
4	Fredalyn Cabuatan	Sta Fe National High School
<b>Athletics</b>		
5	Geordano Sabado – Throws	Runruno Elementary School
6	Virgilio Maurera – Runs	Villaverde Central School- Annex
7	Ellen May Labangcoc	Masoc Elementary School
8	Michelle Sano – Throws	Pudi Central School
9	Robert Dungong – Runs	Ernesto Lapan Pale Central School
10	Cynthia Cardenas – Jumps	Barat Elementary School
11	Armando Dafang – Runs	Bambang National High School
12	Gilbert Magno – Throws	Diadi National High School
13	Riza Tamayo – Jumps	Bintawan National High School
14	Lany V. Ariz – Runs	Kakiduguen National High School
15	Hazel Cullan – Throws	
<b>Badminton</b>		
16	Gregorio P. Garcia	Nagsabaran Elementary School
17	Gary Pangilinan	Bugnay Elementary School
18	Ma Elvira C. Valtoribio	Balete Elementary School
19	Kriselda Ildefonso	Ampakleng Elementary School
20	Erickson J. Marana	Aritao National High School
21	Jessa Doton	Muirwoods Academy Inc
22	Michael Louis Quiambao	Saint Catherine School
23	Al Denflor A. Lamug	Bagabag National High School
<b>Basketball</b>		
24	Rodolfo O. Baysa	Solano East CS – SPED Center
25	Ian Bartolome	Muirwoods Academy Inc
26	Freddie Dela Cruz	Aritao High School
27	Ricardo Garcia	Aritao High School
<b>Baseball</b>		
28	Ducusin, Rey R.	Maddiangat Elementary School
29	Michelle Aquino	Maddiangat Elementary School
30	Zosimo Sagun	Bintawan National High School
31	Acierto, Edgar N.	Bintawan National High School



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<b>Billiards</b>		
32	Reynalee S. Caluza	Aritao High School
33	Rose Ann L. Pascua	NVGCHS
<b>Boxing</b>		
34	Ryan D. Nesperos	Dupax Del Norte Hs
35	Teofisto F. Nicol Jr	Diadi Nhs
<b>Chess</b>		
36	Leonardo Cabison Jr.	San Luis Elementary School
37	Sherlyn M. Macaraeg	San Antonio North Elementary School
38	Manuel A. Bautista Jr.	Solano High School
39	Perla Gay L. Antonio	Malabing Valley NHS
<b>Football</b>		
40	Jan Kenneth M. Camarillo	Bagabag Central School
41	Pedro M. Albento	Bagabag National High School
<b>Futza</b>		
42	Regina C. Hangdaan	Malabing Valley National High School
<b>MAG</b>		
43	Marvin Bangad	Dumaliguia Elementary School
44	Donato Marquez	Solano High School
<b>WAG</b>		
45	Freddie Roda	Runruno Elementary School
46	Acqkiah Pescasio	Runruno National High School
<b>RG</b>		
47	Clytie M. Aragon	Diadi Central School
48	Alpha Mae Ambatali	Diadi National High School
<b>Aero Gymnastics</b>		
49	Aurelio Q. Costales Jr.	Uddiauuan Elementary School
50	Rowena B. Reguyal	NVGCHS
<b>Pencak Silat</b>		
51	Navarette, Michael Sylvester	Solano High School
52	Guyong, Estrella	Aritao High School
<b>Sepaktakraw</b>		
53	Michael Emilio	Solano West Elementary School
54	Chito C. Concepcion	Solano High School
55	Ephraim V. Carino	Sta Cruz Pingkian High School
<b>Softball</b>		
56	Jay B. Guzman	Belance Elementary School
57	Jerry B. Guzman	Belance Elementary School
58	Vilma D. Cuntapay	Belance Elementary School
59	Darlyn W. Bata	Belance High School
60	Babynette B Apasao	Belance High School
<b>Swimming</b>		
61	Joseph R. Ramos	San Juan Elementary School
62	Reynaldo Flores	Paitan Elementary School
63	Sherilyn Perez	Solano North Elementary School
64	Peterson Valdez	NVGCHS



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65	Merton Cuntapay	Quezon National High School
66	Kristine G. Acuna	SMU- HS
67	Benniedic Dulay	Quezon Quezon National High School
<b>Tennis</b>		
68	Lynsam Jade S. Respicio S.	Solano South Elementary School
69	Rommel John C. Respicio	Solano South Elementary School
70	Jojo D. Carreon	NVGCHS
71	Joven Job Pilaspilas	Solano High School
72	Melanie Alcantara	Solano High School
<b>Table Tennis</b>		
73	Romulo B. Villar	Tucanon Elementary School
74	Cristopher Allan Estabillo	Tucanon Elementary School
75	John Rey Gonzales	SMU- HS
<b>Taekwondo</b>		
76	Samuel A. Dacumos	Basgaran Es
77	Irminda S. Mallari	Solano South Central School
78	Christian Josh T. De Jesus	SMU- HS
79	Rizza Kyla G. Bayatan	Saint Louis School
<b>Volleyball</b>		
80	Levie Jay P. Tovera	Solano East CS-SPED Center
81	Patrick Isaac D. Tolentino	Solano East CS-SPED Center
82	Genesis G. Epistola	Curifang Elementary School
83	Virgie L. Fernandez	Curifang Elementary School
84	Melgar P. Temblor	Solano High School
85	Jerwin Butay	Solano High School
86	Elenita B. Navarro	Solano High School
87	Elvira B. Panis	Solano High School
<b>Wrestling</b>		
88	Janice B. Guimbangan	Malabing Valley National HS
89	Julienne D. Tadao	Malabing Valley National HS
<b>Wushu</b>		
90	Elizalde Castaneda	Nansiakan National High School
91	Floreta P. Martin	ENVNHS
<b>Special Events</b>		
92	Jinky T. Agnahe	Ambaguio CS
93	Maxima B. Navidad	Aritao CS
94	Shayne Ann Camma	Kasibu CS
95	Angelica B. Benosa	Bayombong CS
96	Crispina Sonia M. Liban	Bayombong CS
97	Eunice P. Wais	Bambang NHS
98	Raquel S. Estrada	Solano East CS
99	Kathleen Piedad	Bayombong CS
100	Christine Joyce C. Apigo	Solano East CS
101	Sylvia W. Villar	Villaros ES
102	Jienela H. Gamponia	Bambang CS
103	Maureen B. Briones	Solano East VS



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104	Rickdenson Vadil	Bambang CS
105	Myla A. Bacod	Bambang CS

**List of Trainers/Resource Speakers**

<b>Name</b>	<b>School</b>	<b>Events</b>
Arjan Jay Edrozo	Salinas High School	Archery
Noel Acosta	Santa Fe NHS	Arnis
Marilou Tugade	Sta Rosa Elementary School	Arnis
Rosilyn Santos	NVGCHS	Athletics
Michael Peralta	Masoc Elementary School	Athletics
Janice Rilloraza	Bambang NHS	Badminton
Edgar Anos	Solano North ES	Basketball
Eduardo Macaraeg	Dupax Del Norte NHS	Baseball
Virgilio Rilloraza	Bambang NHS	Billiards
Gerry Cabigat	Diadi Central School	Boxing
Ryan Nesperos	Diadi NHS	Boxing
Peter Albento	Bagabag NHS	Football
Faustino Taguiam	Bagabag NHS	Futsal
Hope Gonzales	Busilac ES	Gymnastics: MAG
Jona Bernardino	Masoc Elementary School	Gymnastics: WAG
Winie Dangan	Solano High School	Gymnastics: RG
Abigail Pablo	NVGCHS	Gymnastics: Aero
Rodel Batacan	Bagabag NHS	Sepaktakraw
Jay Guzman	Belance Elementary School	Softball
Alberto Pumaras	Dupax Del Norte NHS	Softball
May Locquaio	Baresbes Elementary School	Swimming
Wilson Rivera	Bayombong West ES	Table Tennis
Rommel Alejos	Solano II District	Taekwondo
Jefferson Roda	Bangaan Elementary School	Tennis
Melanie Alcantara	Solano High School	Tennis
Val Menardo Basilio	Solano High School	Volleyball
Romelyn Dalmacia	Lamo National High School	Wushu
James Pasamonte	NVGCHS	Wrestling
Jamestone Infanta	Magapuy Elementary School	Special Events
Sports Psychology	Bambang NHS	Sports Psychology
Maria Teresa Iglesia	SDO-SGOD : Mental Health in Sports	
Rudy Agustin	SDO-SGOD : Sports and Nutrition	
GeePee Kelsey Vidad	SDO SGOD : Child Protection Policy	
Harold V. Gallo	Phil Science High School	Sports Coaching
Roderick Benter	Ammococan ES	RA 10588/ Secretariat
Reyma Casareno	MV Duque ES	SEEDP/ Secretariat



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